



2021 Competition Schedule

The competitions listed in this directory are npc competitions in the southeast, national level shows, and shows promoted by our advertisers as of January 20, 2021. The shows are alphabetical, arranged by date. All shows are national qualifiers unless denoted by *. Pro Qualifiers are in **Bold**. Shows that are in **RED** you can click through directly to their website from the digital version of this publication. **Throughout the year, the competition calendar will be updated on our website southernmuscleguide.com.**

Show Name	Date	Location	Website/ Promoter/Contact
NPC Southern Tournament of Champions	March 13	Manning, SC	kd-promotions.com, Kevin DeHaven, KDprep@gmail.com , 704.661.5142
NPC Sunshine State & CJ Classic & NPC National Wheelchair	March 13	West Palm Beach, FL	frankdaltoevents.com, Frank Dalto & CJ James, 561-627-9638, frankdalto44@yahoo.com
NPC IFBB Pro League Klash Championship Series, NPC Border Klash Championships, IFBB Pro League World Klash Pro Bikini	April 3	Orlando, FL	theklash.com , elite promotions, Joe Pishkula, 937.536.9581, npcborderklash@gmail.com
NPC Panhandle Showdown	April 3	Pensacola, FL	panhandleshowdown.com, Russ Meseey, 850.499.2508, iamaxfit@yahoo.com
NPC Tri-City Classic	April 3	Columbus, GA	tricityclassic.com , Roland Huff, hbodybe1@aol.com , 706.405.9539
NPC Bayou Muscle	April 10	Metairie, LA	louisianamuscle.com, Luke Tesvich, 504.439.6224, Robin Tesvich, 504.650.0733, NPCLAoffice@aol.com
NPC Mel Chancey Champion Muscle Classic	April 10	Tampa, FL	timgardnerproductions.com , Mel Chancey, Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC Charlotte Cup	April 17	Charlotte, NC	johnnystewartproductions.com , Johnny Stewart, 704.449.5603, stewartfitness@yahoo.com , Sanders Armstrong, 704.560.4637
NPC Diamond Classic	April 17	Boca Raton, FL	qcbbpromotions.com, Andres Miller, 954.326.8821, qcbbpromotions@gmail.com
NPC Atlanta All States Invitational	April 24	Atlanta, GA	npcgeorgiapremierbodybuilding.com, Abdul Gibbs, Jag Fitness, 770.762.7682, info@amglifetimesystems.org



Show Name	Date	Location	Website/ Promoter/Contact
NPC Kentucky Derby Festival Championships	April 24	Louisville, KY	kentuckymuscle.com, Brent Jones, 502.387.3808
NPC Memphis Bodybuilding Championships	April 24	Memphis, TN	npcmemphischampionships.com , Allen Sizemore, 865.384.9800, Farsha Jones, 901.949.7154
NPC Southeastern USA	April 24	Orlando, FL	npcsoutheastern.com, Chris Eaddy, 407.474.8502, chris.eaddy@gmail.com
NPC Florida Grand Prix	May 1	Boca Raton, FL	floridasportsfestival.com, Serge Saric, 561.460.6000, floridagrandprix2016@gmail.com
NPC Palmetto Classic Competition	May 1	Columbia, SC	kd-promotions.com , Kevin DeHaven, KDprep@gmail.com , 704.661.5142
NPC Riptide Classic	May 1	Panama City Beach, FL	850fitproductions.com , Mike McKinney, 850.527.4479, michael4palingen@gmail.com or Vic Sellers, 850-541-2511, vsellers@timpcb.com
NPC Rocket City Classic	May 1	Huntsville, AL	rocketcitybodybuildingclassic.com , Robert McAlldory, robertmaldory@gmail.com , 256.468.6166
NPC Battle on the Bluff Bodybuilding	May 8	Tunica, MS	battleonthebluffbodybuilding.com, Chris Caudy, chriscaudy@att.net , 901.857.2499, Cindy Caudy, cindycaudy@att.net , 901.619.6064
NPC IFBB Pro League GRL PWR All Women's Weekend, NPC GRL PWR Championships, IFBB Pro League GRL PWR Pro Bikini	May 8	Orlando, FL	npcgrrlpwr.com , Shannon Dey, 407.757.2804, ceo@bombshellfitness.com
NPC Lee Banks Natural Championships* (steroid tested)	May 8	Ponte Verde, FL	leebanksnaturalchampionships.com, Lee and Lafayette Banks, 904.422.3251, contact@leebanksfitness.com
NPC Junior USA Bodybuilding Championships	May 13-15	Charleston, SC	npcjuniorusa.com, Tres Bennet, tresb@comcast.net, 843.270.4373
NPC Ancient City Classic	May 22	St. Augustine, FL	npcancientcity.com, Tony Curtis, 386.697.6315, tony@monstaclotthing.com
NPC IFBB Pro League Optimum Classic	May 22	Shreveport, LA	optimumclassic.com, Robert Blount, 318.347.2208, info@optimumclassic.com
NPC Triumph Classic	May 22	Boca Raton, FL	npctriumph.com, Rich Alvarez, 954.501.5858, Maria Ballando, 305-968-3318
NPC Vulcan Classic	May 22	Birmingham, AL	npcvulcanclassic.com , Morris & Kelly Pruett, kellywpruett@comcast.net , 256.490.1115
NPC Iron Muscle Championships	May 29	Pearl, MS	ironmusclechampionships.com, Richard & Amanda Stegall, 601.540.5182, ironmusclechampionships@gmail.com
NPC IFBB Pro League Miami Muscle	June 5	Miami, FL	miamifitexpo.com, Paula Geobanny, 786.217.2110, miamimusclebeachpro@gmail.com

Show Name	Date	Location	Website/ Promoter/Contact
NPC Battle on the Gulf Coast	June 12	Biloxi, MS	battleonthegulfcoast.com , Douglas Sellers, 225.324.9991
NPC Battle at the River	June 12	Chattanooga, TN	npcbattleattheriver.com , Bryan Hayworth, 423.677.3347, Austin Hayworth 423.677.1493, Allen Sizemore, 865.384.9800, npcbattleattheriver@gmail.com
NPC/IFBB Pro League Clash of the Titanz Pro Am	June 12	Austell, GA	titanzklash.com , Daniel Stuckart, 706.449.9809, daniel@titanz.net
NPC Jr. National Championships	June 18-19	Chattanooga, TN	@spectrumfitnessproductions, @robinchang_ifbcpro, @thedouggreen
NPC Enchanted Classic, NPC Worldwide World Caribbean Championships, IFBB Pro League Puerto Rico Pro	June 18-20	Nassau, Bahamas	timgardnerproductions.com , Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC Greater Gulf States	June 19	Kenner, LA	louisianamuscle.com , Luke Tesvich, 504.439.6224, Robin Tesvich, 504.650.0733, NPCLAoffice@aol.com
NPC Mid-Florida Classic	June 19	Orlando, FL	dekewarner.com , Deke Warner, 321.276.3057, deke@bellsouth.net
NPC Victory Classic	June 19	Charlotte, NC	kd-promotions.com , Kevin DeHaven, KDprep@gmail.com , 704.661.5142
NPC West Palm Beach Bodybuilding Championships & Anna Level Figure, Fitness & Bikini Championships	June 19	West Palm Beach, FL	frankdaltoevents.com , Frank Dalto, 516.627.9638, frankdalto44@yahoo.com
NPC Clash at the Capstone	June 26	Tuscaloosa, AL	npcclashatthecapstone.com , Ron & Michelle Wedgeworth, 205.361.7137, clashatthecapstone@hotmail.com
NPC Southern USA	June 26	Orlando, FL	npcsouthernusa.net , Shannon Dey, 407.757.2804, ceo@bombshellfitness.com
NPC Universe Championships	July 1-3	Teaneck, NJ	bevfrances.com, NPCnortheast@gmail.com
NPC Chicago Extravaganza, NPC Worldwide Ms International Women's Bodybuilding, IFBB Pro League Chicago Pro	July 2-3	Tinley Park, IL	timgardnerproductions.com , Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC IFBB Pro League Europa	July 3	Orlando, FL	europaexpo.com , Ed & Betty Pariso, 817.498.3631, betty@visionstarentertainment.com
NPC Georgia Bodybuilding Championships	July 10	Atlanta, GA	georgiabodybuilding.com , Kenneth "Doc" Neely, Lloyd Herford, 678.630.1122
NPC Louisiana Championships	July 10	Lafayette, LA	lachampionships.com , Magnum Productions, Tommy Guarisco, 985.868.3936, fitshow@bellsouth.net
NPC Southern States	July 10	Ft. Lauderdale, FL	npcsouthernstates.com , Maria Ballando, 305-968-3318, npcsouthernstates@gmail.com

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NPC Body Be 1 Classic	July 17	Dothan, AL	bodybe1.com , Roland Huff, hbodybe1@aol.com , 706.405.9539
NPC Mississippi Championships	July 17	Jackson, MS	npcmsbodybuilding.com , Gordon & Cyndi Weir, npcmsstateshow@gmail.com , 601.906.8772 or 601.906.8837
NPC Ty Pope Classic	July 17	Orlando, FL	typopeclassic.com , Ty & Joanna Pope, 407.910.7074, tyjopope@yahoo.com
Teen Collegiate & Masters National Championships	July 21-24	Pittsburgh, PA	garyudit.com, GMU Productions, Gary Udit, gary@garyudit.com, 412.377.1438
NPC Dexter Jackson Classic	July 24	Jacksonville, FL	centerpodium.com/dexterjacksonclassic , Dexter Jackson, Gayle Elie, Chris Minnes, 775-375-5438, events@centerpodium.com
NPC Greater Tennessee Valley Championships	July 24	Huntsville, AL	greatertnvalleychampionships.com , Will Wise, 256.653.0150, info@greatertnvalleychampionships.com
NPC/IFBB Pro League Prestige Crystal Cup	July 24	Boca Raton, FL	qcbbpromotions.com , Andres Miller, 954.326.8821, qcbbpromotions@gmail.com
NPC USA Championships	July 30-31	Las Vegas, NV	musclecontest.com, Lindsay Productions, Tracey@musclecontest.com, 310.796.9181
NPC/IFBB Pro League Janet Layug's Battle of the Bodies	July 31	Ft. Lauderdale, FL	Sofia Evangelista, Sevangelista13@optonline.net
NPC Tennessee State Championships	July 31	Chattanooga, TN	npctn.com , Allen & Becca Sizemore, 865.384.9800, sizemore365@yahoo.com
NPC Tampa Extravaganza IFBB Pro League Tampa Pro	August 6-7	Tampa, FL	timgardnerproductions.com , Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC Camellia Championships	August 7	Slidell, LA	camelliachampionships.com , Danielle Kifer, 985.774.9029, danielle@daniellekifer.com
NPC Knox Classic	August 7	Knoxville, TN	npcknoxclassic.com , Brian "Beano" Wallace, npcknoxclassic@gmail.com , 865.200.5880
NPC Florida State Championships	August 14	Orlando, FL	dekewarner.com , Deke Warner, 321.276.3057, deke@bellsouth.net
NPC Iron City Showdown*	August 14	Birmingham, AL	npcironcity.com , Kelly Pruett, 256.490.5858, Will Wise, 256.653.0150, info@npcironcity.com
NPC Kentucky Open & Kentucky State Championships	August 21	Lexington, KY	kyopenbodybuilding.com , Gene & Tina Goode, 859.516.4109 or 859.319.2122, kyopenbodybuilding@gmail.com
NPC Max Fit Classic	August 21	Pensacola, FL	maxfitclassic.com , Russ Mesey, 850.499.2508, iammaxfit@yahoo.com
IFBB Pro League and NPC Nashville Fit Show (female only)	August 21	Nashville, TN	nashvillefitshow.com , Whitney Wiser, info@nashvillefitshow.com

Show Name	Date	Location	Website/ Promoter/Contact
NPC ROC Atlanta Extravaganza	August 21	Atlanta, GA	rocatlantaextravaganza.com, Roc Shabazz, therealroc@gmail.com
NPC Total Body Championships	August 21	Tupelo, MS	totalbodygym.net, Judy & Timmy Gaillard, 662.837.5957
NPC Alabama State Championships	August 28	Gadsden, AL	npcalabama.info, Morris Pruett, GetFitStayFit@comcast.net, 256.490.1115
NPC Mel Chancey Harbor Classic	August 28	Port Charlotte, FL	npcharborclassic.com, Mel Chancey
NPC North American Championships/ IFBB Pro League Pittsburgh Pro Masters	Sept. 1-4	Pittsburgh, PA	garyudit.com, GMU Productions, Gary Udit, gary@garyudit.com, 412.377.1438
Lenda Murray Savannah Pro Am	Sept. 4	Savannah, GA	lendamurraybodybuilding.com, Lenda Murray, MsOlympia8@msn.com, Alex Sacasa, 480.747.740, Alex@wingsofstrength.net
NPC Iron Man	Sept. 11	Sarasota, FL	npcironman.com, Stacy Taylor, 813.545.3312, npcironman@gmail.com
IFBB Pro League Ben Weider Natural Pro AM Natural Championships	Sept. 18	Toronto, Canada	garyudit.com, GMU Productions, Gary Udit, gary@garyudit.com, 412.377.1438
NPC Stewart Fitness and Greater Triad Championship	Sept. 18	High Point, NC	johnnystewartproductions.com, Johnny Stewart, stewartfitness@yahoo.com, 704.449.5603
NPC Tricky Jackson Classic	Sept. 18	Frankfort, KY	trickyjacksonclassic.com, Tricky Jackson, tricky6162@aol.com
NPC San Antonio Extravaganza, IFBB Pro League San Antonio Pro and Johnny Jackson Powerlifting & Grid Ball	Sept. 25	San Antonio, TX	timgardnerproductions.com, Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC Southern Muscle Showdown	Sept. 25	Dalton, GA	southernmusclerhowdown.com, Steve Payne, 678.641.9188, steve@trainwithpayne.com
NPC Ultimate Muscle Extravaganza	Sept. 25	Lakeland, FL	thedebsgym.com, Deb Callahan, 863-812-8788, debsgym@gmail.com
NPC IFBB Pro League Daytona Beach Classic	Oct. 2	Daytona Beach, FL	thedaytonabeachclassic.com, Tony Curtis & Mike Matassa, 386.299.1314, toobehuge@aol.com
NPC First Callout	Oct. 2	Coral Springs, FL	npcfirstcallout.com, Rich Alvarez, 954.501.5858, getpumped121@aol.com
IFBB Pro League and NPC Nashville Night of Champions	Oct. 2	Chattanooga, TN	npctn.com, Allen Sizemore & Kelly Webb, sizemore365@yahoo.com, 865.384.9800
NPC Warrior Games	Oct. 2	Kenner, LA	louisianamuscle.com, Luke Tesvich, 504.439.6224, Bubby Lupo, 504.330.4784, NPCLAoffice@aol.com
NPC Kentucky Muscle Strength & Fitness Extravaganza	Oct. 16	Louisville, KY	kentuckymuscle.com, Brent Jones, 502.387.3808

Show Name	Date	Location	Website/ Promoter/Contact
NPC Ultimate Grand Prix	Oct. 16	Ft. Lauderdale, FL	floridasportsfestival.com, Serge Saric, 561.460.6000, floridagrandprix2016@gmail.com
NPC Upstate Classic	Oct. 16	Spartanburg, SC	dutchstrengthpromotions.com, Davina Cross, 828.989.0598, davina1@hotmail.com
NPC Beach Bash	Oct. 23	Mobile, AL	npcbeachbash.com, Ron Wedgeworth, 205.361.7137, info@npcbeachbash.com
NPC Hurricane Bay Championships, IFBB Pro League Hurricane Pro	Oct. 23	St. Petersburg, FL	timgardnerproductions.com, Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC Muscle For Heart	Oct. 23	Panama City Beach	850fitproductions.com, Mike McKinney, 850.527.4479, michael4palingen@gmail.com, or 850-541-2511, vsellers@timpbc.com
NPC Natural Kentucky Championships	Oct. 23	Covington, KY	garyudit.com, GMU Productions, Gary Udit, gary@garyudit.com, 412.377.1438
NPC Ruby Championships	Oct. 30	Boca Raton, FL	qcbbpromotions.com, Andres Miller, 954.326.8821, qcbbpromotions@gmail.com
NPC Puerto Rico Championships	Oct. 31	Bayamon, Puerto Rico	timgardnerproductions.com, Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC Klash Series All South Championships	Nov. 6	Orlando, FL	theklash.com, Joe Pishkula, 937-536-9581, pishkula@gmail.com
NPC Rock Hard Show of Champions	Nov. 6	Ft. Walton Beach, FL	npcrockhard.com, Russ Mesey & Aaron Stillwater, 850-499-2508, iammaxfit@yahoo.com
NPC Southern Muscle	Nov. 6	Kenner, LA	louisianamuscle.com, Luke Tesvich, 504.439.6224, Bubby Lupo, 504.330.4784, NPCLAoffice@aol.com
NPC Worldwide Romania Muscle Fest, IFBB Pro League Romania Muscle Fest Pro	Nov. 13-14	Bucharest, Romania	timgardnerproductions.com, Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC Florida Gold Cup & Amanda Marinelli Classic	Nov. 13	West Palm Beach, FL	npcfloridagoldcup.com, Frank Dalto & Amanda Marinelli, 561.627.9638, frankdalto44@yahoo.com
NPC Lee Haney Games	Nov 13	Atlanta, GA	leehaneygames.com, Lee Haney, info@leehaneygames.com
NPC Monsta Classic	Nov 13	Lake City, FL	monstaclassic.com, Tony Curtis, 386.697.6315, futurefitnessfl@yahoo.com
NPC Atlantic Coast Championships and IFBB Pro League Atlantic Coast Pro	Dec. 4	Ft Lauderdale Beach, FL	timgardnerproductions.com, Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
NPC National Championships	Dec. 17-18	Orlando, FL	npcnationalchampionship.com, Gary Udit, 412.377.1438, gary@garyudit.com
NPC Mel Chancey Holiday Classic	Dec. 18	Ft. Lauderdale, FL	npcholidayclassic.com, Mel Chancey

The following shows have not yet been scheduled, but check the southernmuscleguide.com website for updates throughout the year.



Show Name	Date	Location	Website/ Promoter/Contact
SC NPC Excalibur Championships	August 2021	Charleston, SC	carolinanpc.com , Tres Bennet, tresb@comcast.net , 843.270.4373
NPC Mid Atlantic Classic	FALL 2021	Charlotte, NC	kd-promotions.com , Kevin DeHaven, KDprep@gmail.com , 704.661.5142
NPC Northern Kentucky Grand Prix Championships	TBD	TBD	garyudit.com , GMU Productions, Gary Udit, gary@garyudit.com , 412.377.1438
Carolina State	WINTER 2021	TBD	carolinanpc.com , Tres Bennet, tresb@comcast.net , 843.270.4373
NPC Flex Lewis Classic	TBD	TBD	npctn.com , flexlewis.net , flexlewisclassic@gmail.com
IFBB Pro League Rising Phoenix Women's Bodybuilding World Championships and IFBB Pro League Arizona Women's Pro	TBD	TBD	timgardnerproductions.com , Tim Gardner, 813.518.5995, tgflex.florida@gmail.com
IFBB Olympia and Olympia Amateur	TBD	TBD	MrOlympia.com , Dan Solomon/Tamer Guindy, contact@mrolympia.com



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