

FOCUS ATHLETE:

BOBBY NABORS II



When I was 14, I went to see the Mr. America Championships at the Fox Theater in Atlanta, GA. Ray Mentz won the event hands down! The guest posers were legends Chris Dickerson and Boyer Coe and they were in phenomenal shape. This year is 40 years of competitive bodybuilding for me. In 1982, I won the Teenage Mr. Alabama. Through this sport, I have had the privilege of meeting Ronnie Coleman, Tony Pearson, and Lou Ferrigno; lay your eyes on these guys and you'll be inspired, too!

My four children keep me motivated. Two years ago, I cut my left pinky off with a skill saw! This slowed me down enough to realize I better start taking better care of myself. I am 55 and currently attending Snead State Community College alongside my son Kyle. I hope to become a physical therapist assistant and help others get over their physical problems and back to living healthy! I love life, God, and the pursuit of happiness and everyday I give thanks for my family and support team!

Bobby competed at the 2020 Olympia Amateur, placing 1st in Men's Bodybuilding Open Bantamweight Weight and competed in the Overall pose down proving that you are never too old to rise up to the challenge!

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